Monday 1/13	Tuesday	Wednesday	Thursday	Friday
Health-9 Grudgeball-trivia; make up work as needed.	Health-9 Grudgeball-trivia; make up work as needed.	Health-9 Seating chart; class rules & procedures; student survey	Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors and community health. Objectives Students will be able to contrast controllable and uncontrollable risk factors; explain why the leading causes of death have changed over time. Assignment In class—Notes & discussion Take home & return—None Upcoming event None	Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify and analyze factors that influence the prevention and control of health problems. 10.2.12.A—Evaluate health care products and services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors and community health. Objectives Students will be able to describe the components of health. Assignment In class—Notes & discussion; poster project Take home & return—Work not completed in class Upcoming event None
PE-11 Locker clean up; return locks; make up classes as needed.		PE-11 Pass out locks; class rules & procedures		PE-11 <u>Standards</u> 10.4.12.A—Evaluate and engage in an individualized physical activity plan that supports achievement of

PE-8	PE-8	PE-8	PE-8	personla fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incoroporate and synthesize knowledge of motor skill development concepts to improe the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skills development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. Dbjectives/Assignment Students will engage in kickballl activities. Upcoming event None PE-8
Locker clean up; return locks;	Locker clean up; return locks;	Pass out locks; class rules &	<u>Standards</u>	Standards
make up classes as needed.	make up classes as needed.	procedures	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage
			in physical activities that are	in physical activities that are
			developmentall/individually	developmentall/individually
			appropriate and support	appropriate and support

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and activity goals.	and activity goals.
10.4.9.D—Analyze factors that	10.4.9.D—Analyze factors that
affect physical activity	affect physical activity
preferences of adolescents.	preferences of adolescents.
10.4.9.E—Analyze factors tha	10.4.9.E—Analyze factors tha
impact the relationship between	impact the relationship between
regular participation in physical	regular participation in physical
activity and motor skill	activity and motor skill
improvement.	improvement.
10.5.9.A—Describe and apply	10.5.9.A—Describe and apply
the components of skill-related	the components of skill-related
fitness to movement	fitness to movement
performance.	performance.
10.5.9.B—Describe and apply	10.5.9.B—Describe and apply
concepts of motor skill	concepts of motor skill
development that impact the	development that impact the
quality of increasingly complex	quality of increasingly complex
movement.	movement.
10.5.9.C—Identify and apply	10.5.9.C—Identify and apply
practice strategies for skill	practice strategies for skill
improvement.	improvement.
10.5.9.F—Describe and apply	10.5.9.F—Describe and apply
game strategies to complex	game strategies to complex
games and physical activities.	games and physical activities.
Objectives/Assignment	Objectives/Assignment
Students will engage in kickball	Students will engage in kickball
activities.	activities.
Upcoming event	Upcoming event
None	None